Treeton Parish Council Newsletter

www.treetonparishcouncil.gov.uk

Edition 41 September 2019

Chairman's Review

Despite previous warnings fly tipping continues to be a problem although generally it is carried out by people from outside the village.

The Community Centre are arranging litter picks on the first Saturday of each month and I would like to compliment the village on the turnout for these events, although we would welcome more volunteers. It's also great to see the children doing their bit for the village.

The Parish Council has also arranged for the repair of the handrail leading to the Cow Field after vandalism had taken place.

Streetpride have been asked by the Parish Council to improve the grass cutting and also attend to overhanging branches and have them cut back

The Parish Council are again receiving complaints regarding speeding through the village. This is a Police matter and they have been informed accordingly, we are currently awaiting their response

The volunteers who run the Community Centre have recently won two awards for their efforts, a Rotherham MBC award for Community Activity and a VAR award for Services to the Community. The Community Centre continues to flourish under its present stewardship.

T.W. Adair Chairman.

Treeton Miners Welfare Club

Weekly Events:

Live artiste every Sunday night

Cash Bingo every Sunday lunchtime and evening

Prize Bingo every Wednesday evening

Race Night every Thursday evening

2 Full size snooker tables and a pool table available for members and guests

Free Function Room available for weddings, birthdays and christenings. Fully equipped kitchen available or we can provide all you catering requirements.





Treeton Miners Welfare Club

Arundel Street

Treeton Rotherham Phone: 07579 001160

For all function room and membership enquiries







- Nursery care from 6 weeks to 5 years old
- Out of School Clubs for up to 11 years old
- Free child places available for 3 to 5 years
- Open 7am to 6pm
- Highly qualified professional staff
- Secure, high quality setting
- Multi-sensory outdoor play area
- Healthy meals cooked fresh each day
- Central Treeton location

For more details or to arrange a visit please contact us on:



Tel: 0114 229 3120 info@pollywiggledaynursery.co.uk www.pollywiggledaynursery.co.uk









Treeton Medical Centre News

INFLUENZA CLINICS

It is important to get vaccinated against Flu If you are in one of the following **at risk groups**; this is a free vaccine: Heart Disease, Angina, Stroke, Diabetes, COPD, HIV Asthma (only on a regular preventive therapy), Emphysema, Cystic Fibrosis, Epilepsy, MS, Cancer, Immune Suppression, Chronic Renal Failure, Parkinson's, Rheumatoid Arthritis, Patients aged 65 years.

If you have a condition which is not on the above list, please enquire at the surgery if you are eligible for a free vaccine. It is important if you fall into an at risk category to have your Flu vaccination. Please contact the surgery for an appointment. Having your flu vaccination at the surgery ensures this is documented in your medical records and keeps your records up to date.

Flu vaccinations appointments are available to book from September; appointments can be booked either online, face to face or via telephone. If you are a bed bound patient or their carer; please contact the surgery to arrange a home visit for your/their flu vaccination.

Surgery Renovations

Renovations at the surgery are now complete and we would like to thank you for your patience while the works were being carried out. We have upgraded the waiting area, reception, patient toilets and some of the clinical rooms.

Care Navigation

Our receptionists are her to help you see the right person for your needs. Please don't be offended if they ask what the problem is when you call to make an appointment. The receptionist might suggest that you see someone else who can help you better such as, IAPT (Mental Health Services), Self care pharmacy, Sexual Health, Physio first, Stop smoking, Midwife, ANP (Advanced Nurse Practitioner). For further details visit www.rotherhamccg.nhs.uk/care-navigation-2.htm to find out more about the full range of services available locally.

Choosing the right care, first time

Pharmacy first: Many pharmacies are open early until late and on weekends and bank holidays. You don't need an appointment, and can just pop in and get expert medical help from a qualified healthcare professional. Most pharmacies now have a private consultation area where you can discuss your issues and concerns without being overheard. Pharmacy First Many of Rotherham GPs and community pharmacies are part of the Pharmacy First scheme which enables you to get medication direct from the pharmacist without a prescription. Plus if you don't normally pay prescription charges you can get medicine supplied under the scheme FREE OF CHARGE. For a list of pharmacies in the scheme visit: www.rotherhamccg.nhs.uk/pharmacy-first.htm

Children: All children get colds. This is a normal part of growing up and no medicines can prevent them. The best way to look after your child is to make sure they have plenty to drink and if they have a temperature some paracetamol will help. Most doctors don't recommend cough medicines and antibiotics won't help a cold.

Treeton Medical Centre News cont

Self care: You can treat most common ailments and illnesses at home by keeping a well stocked medicine cabinet. This should include: • Pain relief e.g. paracetamol or ibuprofen • Children's paracetamol oral suspension and ibuprofen syrups • Mild laxatives to relieve constipation. • Cold relief products. • Rehydration mixtures to use if feeling dehydrated after a bout of sickness or diarrhoea. • Indigestion remedy. • A range of bandages, plasters, non-absorbent cotton wool, elastic bandages and dressings for minor cuts, sprains and bruises.

NHS 111: NHS 111 offers confidential health advice and information by telephone. Ring 111 if you are ill and have questions about your health and where to get treatment. Health services are very busy at the moment. Help us to help those most in need. Follow these steps to use the right treatment:

GP surgeries: Make an appointment with your local GP if you have an illness or injury that will not go away.

Patient Participation Group

A PPG is made up of **patients** and practice staff who communicate at regular intervals to consider ways of making a positive contribution to the services and facilities offered by their practice to **patients**.

If you would like to get involved or would like your ideas passed to the group, please contact John Swift who is the chair for the group on 0114 2696992 alternatively please contact Treeton Medical Centre and speak to the practice manager. All suggestions/ideas will be reviewed; this is only for PPG suggestions **NOT** for complaints or enquires.

The Carers Resilience Service team

The Carers Resilience Service team, who facilitate the carer drop-ins, can provide information and signposting on the support and resources available to help carers in Rotherham. For more information please call 01709 360272 and ask to speak with one of the Carers Resilience Team or pop along to Treeton Medical Centre during one of our drop-in sessions.

Zero Tolerance

The surgery operates a zero tolerance procedure in conjunction with NHS England and South Yorkshire Police. The Practice will not tolerate patients who are violent, abusive or use foul language to staff and ancillary staff. Action will be taken against anyone found to have used any of the afore mentioned forms of unacceptable behaviour. This also applies to electronic media behaviour such as emails, face book and twitter. Any proven threats made against the practice and its staff will be forwarded to the police.

Chronic Disease Reviews

If you are due for your annual review for Diabetes, Hypertension, COPD, Asthma or CHD, please contact the surgery to book an appointment with the Nurse. The practice has a duty of care to ensure all patients who are on chronic disease registers ie: Asthma, are reviewed.

Update contact details

Please update your contact details if they have changed, this will enable the practice to contact you for routine or urgent matters. If you have a mobile phone could you please let the surgery know, this will enable the practice the facility to be able to send an appointment text reminder to you.

Practice Website

http://www.treeton.gpsurgery.net/



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Treeton Parish Council Funded Youth Club

Come and get involved at Treeton Youth Club!!! Play games, meet new friends, relax and listen to music.

- Treeton Community Centre, S60 5UY
- Every Monday and Thursday
- 5:00pm-7:00pm
- Roys & girls aged 4 years and above
- 5 £1 Entrance Fee / £1 Food & Drinks

Activities include Football , Basketball, Table Tennis , Pool , X-Box , Boxing , Arts & Crafts and Discos.

Be a part of our new and improved Youth Club sessions at the heart of the Treeton Community.





Community Centre Update

The Community Centre continues to go from strength to strength. Together with private bookings there are a number of events each day which are available to the residents of the village. Below is a comprehensive list of these events.

If you need any further information or assistance please contact Terry Adair on 07886 520586 or visit him at the Centre and have a look at the facilities on offer for yourself.

Monday	Youth Club Scouts	5.00 p.m. to 7.00 p.m. 7.00 p.m. to 9.00 p,m
Tuesday	Qigong Mattafit	2.00 p.m. to 3.00 p.m. 7.00 p.m. to 8.00 p.m.
Wednesday	Beevers	4.45 p.m. to 8.45 p.m.
Thursday	Chic N Sweet Beauty IT Class Youth Club Table Tennis	9.30 a.m. to 2.00 p.m. 2.00 p.m. to 3.00 p.m. 5.00 p.m. to 7.00 p.m. 8.00 p.m. to 10.00 p.m.
Friday	Chic N Sweet Beauty	9.30 a.m. to 2.00 p.m.
Saturday	Chic N Sweet Beauty Diddikicks	9.30 a.m. to 1.00 p.m. 9.00 a.m. to 1.00 p.m.
Second Thursday In Month	Luncheon Club	
Third Friday and Last Saturday In Month	Country & Western	7.00 p.m. to 11.00 p.m.
First Saturday in Month	Litter Pick	10.00 a.m. to 12 noon





Community Groups

St Helen's Church:

Services are normally held on Sunday afternoon at 3.30 p.m. Services include All Age, Communion and Family worship. All are welcome.

10th November - Remembrance Service (At Treeton Baptist Church this year)

December - Candle lit Carol Service

Church Coffee Morning (Coffee Pot) 10.00 a.m. to 12 noon every Thursday. (Tea, Coffee, Toast etc.,) Followed by 12 noon to 12.30 p.m. Prayer and Reflection.

Treeton Baptist Church:

Morning Services are normally at 10.45 a.m. every Sunday, with communion on the first Sunday of each month. The second Sunday of each month is Children's story time.

13th October - Harvest Service, All gifts of dried and tinned food, also

toiletries will be donated to the Lighthouse Appeal in Rotherham.

5th November - Bonfire Night, Fire lit at 6.30 p.m. Firework display from 7.00

p.m.

23rd November - Christmas Fayre.

24th December - Christingle Service at 4.30 p.m.

25th December - Short Service at 10.30 a.m.

Treeton Community Library:

At Treeton Baptist Church, Every Tuesday 9.30 a.m. to 12.30 p.m. To exchange books and jigsaws. Refreshments available. Bookworms activities sessions for children during school holidays 10.00 a.m. to 12 noon.

Exercise for the over 60's:

It's never too late to keep fit. Exercise classes for the over 60's or anyone with disabilities are held at Treeton Baptist Church every Thursday afternoon at 3.00 p.m. The classes are led by Carole Burgin a trained 'Extend Exercise Instructor'. Please ring 07969 073111 for further details.

Treeton Miners Welfare Club—Sewing Class:

Has been running for over ten years. Soft Furnishing, Dress Making, Patchwork Quilting, Knitting etc., Every Wednesday afternoon 1.30 p.m. to 3.00 p.m. Refreshments available - Tea, Coffee etc., We have sewing machines and overlockers for use.

For more details contact Pat Trow on 01709 821363

Community Groups .. Cont'd

Treeton Trudgers Walking Group:

Meet at 10.00 a.m. at the top of Washfield lane for all except evening walks, with packed lunch, stout shoes and waterproof clothing. Generally held on the last Saturday in each month.

28th September - Firbeck/Langold circular.

2nd November - tbc

30th November - Renishaw/Stavely circular.

4th January 2020- Rother Valley.

All walks are around 5 miles long. All welcome, transport not essential. For further details contact Ian Wall on 01709 519215

Treeton History Group:

At Treeton Reading Rooms 7.30 p.m. on the last Thursday of each month. All welcome, small charge for non-members and refreshments.

Thursday 26th September - Members Evening
Thursday 31st October - Leader Bros
Thursday 28th November - tbc
Thursday 12th December - Christmas Party

All welcome, there is a charge of £2 for non-members and £1 per person for refreshments

New members welcome anytime.

Treeton Ladies Group:

Meet at Treeton Baptist Church 7.30 p.m.

Tuesday 8th October - Crafts with Dawn

Tuesday 12th November - Open the box, the Leader Bros.

Tuesday 10th December - Christmas Party.

Anyone welcome to come to any of our evening meetings unless otherwise stated.

Friendship Lunch:

At Treeton Baptist Church 12.30 p.m.

Tuesday 24th September

Tuesday 29th October

Tuesday 26th November

No Lunch in December



Police Surgery

Residents are invited to attend this drop in session which is held every Thursday between 10.15 a.m. and 11.30 a.m. Residents can have a coffee and discuss any problems relating to housing, anti-social behaviour, crime and the environment. The Police and a Councillor are usually in attendance at these sessions.

If anyone has a matter they wish to discuss in private, please make this know to the person or group that you wish to see on your arrival.

Rother Vale Borough Councillors

Leon Alcock - Tel: 01709 255747

- ⊠email: leon.allcock@rotherham.gov.uk

Amy Brookes - Tel: 01709 255943

- ⊠email: amy.brookes@rotherham.gov.uk

Bob Walsh - Tel: 01709 255928

- ⊠email: bob.walsh@rotherham.gov.uk

The Parish Council Team

Chairman - Terry Adair - 0114 2695418 Vice Chairman - John Swift - 07948 184482

COUNCILLORS

Andrew Badger 0114 2690732
Richard Baker 0114 2540905
Gary Cooper 0114 2540071
Alan Goy 0114 2698146
Dennis Whysall 0114 2699615

Councillor Vacancy Councillor Vacancy

CLERK: Chris Brown

Village Handyman: Raymond Bolton Footpath Officer: Shaun Singleton







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